

Report on ESIC Fortnight Activity at ESIC Model Hospital, Bari Brahmana, Jammu

Bari Brahmana, Jammu – February 24, 2025:

Subject: Submission of Report on ESIC Fortnight Activities for Information

Respected Sir/Madam,

The Employees' State Insurance Corporation (ESIC) Model Hospital, Bari Brahmana, Jammu, celebrated ESIC Fortnight with a series of health awareness activities on 24/2/2025 aimed at promoting public health and well-being. The details of the activities conducted are as follows:

1. **Health Awareness Talk on Common Lifestyle Diseases and Tuberculosis Prevention**

- **Speaker:** Dr. Shalini Kotwal (IMO Gr-II)
- **Topics Covered:** Diabetes Mellitus, Hypertension, and Tuberculosis prevention and care
- **Venue:** Medicine Block, ESIC Model Hospital, Bari Brahmana
- **Participants:** Over 100 individuals, including patients and hospital visitors
- **Objective:** To educate attendees on preventive healthcare measures and lifestyle modifications to combat common diseases

2. **Basic Life Support (BLS) Training and Awareness Session**

- **Speaker:** Dr. Sonia Dogra
- **Topics Covered:** Basic Life Support techniques, Hands-on training on emergency response
- **Venue:** Medicine Block, ESIC Model Hospital, Bari Brahmana
- **Participants:** Over 100 patients and their attendants
- **Objective:** To equip participants with life-saving skills and enhance emergency preparedness

3. **Illumination of Hospital Building**

- As part of the celebrations, the hospital building was illuminated to mark the significance of ESIC Fortnight. The lighting enhanced the visual appeal of the premises and symbolized the hospital's commitment to healthcare excellence and service to the community.

These initiatives are aligned with ESIC's mission to promote **preventive healthcare, patient education, and emergency preparedness**. The hospital remains committed to delivering quality healthcare services and fostering awareness among the community.

The report along with Images is submitted for your kind perusal













